LBO 6

The Human Soul

Little Book Open Series

Journey within, wandering between
Thoughts, dreams, and reality

By David Butterworth

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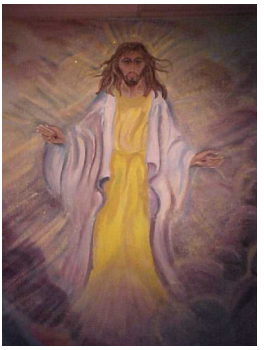
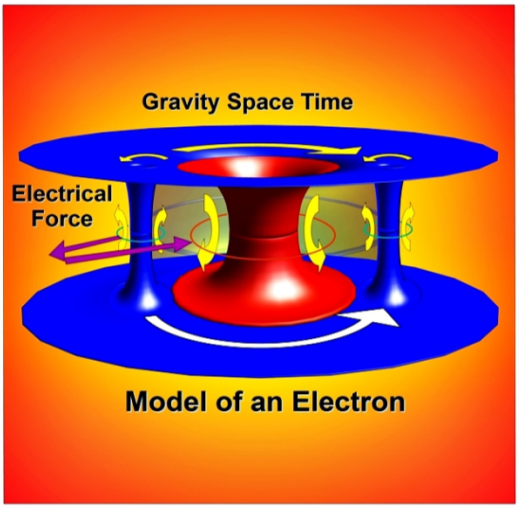


Overview

This is a set of eight philosophy books based upon a new theory of Physics. Instead of objects and forces inhabiting space and time, this theory is based upon interacting singularities. It has an unified approach to Physics using dark matter and dark energy, elements on how life started for Biology, and a general understanding of who we are as a people. It is my attempt to understand life and the universe; to see the truth without religion, traditions, or elitist intellectuals getting in the way. It is based upon the new science of subspace singularities that not only explains gravity and electromagnetic forces but also explains the origins of life as well.

These books are open for all religions, faiths and to anyone who questions existence. This is my attempt to get us away from the new Dark Age that we are headed into and instead transport us into to a new golden age. Welcome to a new Renaissance Age where we understand our importance and our relationship with God. See a new future with affordable energy, a free economy, and a new distribution of wealth; the year of the Jubilee where all debts are forgiven and all homes are returned to their owners.



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Forward

If you ever looked at the night sky and wondered if this is all there is? I have an answer to this question. No. It definitely is not! Inside of you is a whole universe as large as the one you are looking at, and it requires exploration. You have a soul. You are alive, and your life determines how you view the world. So, get ready for an adventure, one of self discovery.

This concept is different from the standard, simplistic answer of a materialistic universe (the only things that exist is matter and energy). I have already answered that viewpoint's error in my other books of the Little Book Open series. I will reinstate those main ideas in this book, but the main purpose here is to provide a self-help guide to understand your motivations and aspirations; to help to improve your life.

The approach of this book is based upon my Theory of Amorphism which states that everything we see around us is based upon interacting singularities and that the universe is a subspace of those singularities. This theory eliminates the concept of a standalone four dimensional space, implying instead that space could not exist without matter. The concept of matter occupying space, existing over time is what makes this reality seems so real to us. Instead, we have to pull back the curtain of this reality to get an actual understanding of ourselves.

Matter and light are both made out of interacting singularities. While particles of matter and particles of light are both very small, the singularities of their constructions are infinite in size. It is within this infinite space where energy originates, the source of all forces. Our souls that exist within us are also singularities, of greater complexity than anything in the universe. This is the home of the mind, the heart, and the id. This is where we keep our treasured memories and our darkest secrets. So come explore this region with me.

Now I have found a guide for this journey. A guide that is available to all who are ready to embark on this adventure. His name is Jesus. And before you ask, this is not a book with religious attitudes, beliefs, and practices. There are other books on the market for that. I am not going to add religion into this book at all. This is open for all who search regardless of their religion. The one thing I have realized after all of these years is that Jesus was very plain-spoken. When He said that you can have fountains of living water, where you would never grow thirsty, He meant just that. Where are these fountains? They are within us. This is a whole new insight.

David Butterworth Earth 2023

The Quest

Having survived the Coronavirus COVID-19 I thought I would add one last section and update these mini-books as electronic books. This book was the last one written from scratch concerning the human soul.

Redistribution

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Thanks and Acknowledgments

My thanks to the following Internet sites for information, details, and insights used in this book.

1) Word Definitions from Merriam#Webster www.merriam-webster.com

2) Word Synonyms from Thesaurus – Synonyms, Antonyms and Related Words www.freethesaurus.com

3) Greek Translation of the New Testament from Faithful New Testament at www.faithfulbible.com.

4) Understanding the 11 Body Organ Systems By Rod Brouhard, EMT-P on Very Well Health https://www.verywellhealth.com/organ-systems-1298691

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Open Access
Published: 01 August 2018
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The Structure of Our Lives

Per the ancient Greeks we have three natures that interact in our lives. Bios, the nature of the body. Psyche, the nature of the mind (personality). Finally, Zoe, the spirit from God which sustains and interconnects everything. Two thousand years ago Jesus used these same definitions in His teachings. Modern translations have dropped these three natures and simply replaced them with just one word, “life”. This simplification has caused confusion in many theologies and has also spilled over to various other religions as well.

To separate ourselves from this confusion we will take a methodological approach and examine what is known about the body, what is known about the psyche and what is known about the spirit.

This is a book of exploration. Your own spiritual beliefs are your business. What I want to show you are some truths and sometimes truths can be hard to face. But reader I ask that you consider them with an open mind.

Now I know some will ask this question so it is best to answer it here, at the first. How do we know we have a body, psyche, and spirit? The answer is how do we know anything? You have to start someplace by faith, of some magnitude. You have to open your eyes and trust the images being received. You have to open your ears and listen. More than this we must acknowledge inner truths like justice, honesty, integrity, and beauty. You have to accept what is real and what other people consider to be real. Then you have to acknowledge that there is more to life than what we can possibly imagine.

And then the second question that people will ask. How can we live the best life possible? The answer of course is to learn the truth about your condition and your capabilities. To accept the ability to change the things that you want to change and then live with the rest. The way forward is to read on. The answer is here.

If neither of these two questions are important in your mind then I recommend that you stop reading.

The Theory of Amorphism

We have to start with what we know about the physical universe. Here I present a theory of everything that's given in book 2 of this series. It's a bit complicated but stick with me.

A singularity in the physical universe is a space that's larger on the inside than on its outer edges. It can be explained graphically as a 1/R space where R is the radial from the center singularity point outwards using a normal space axis. Another way to describe this space is with concentric circles centered on the singularity point. The inner circles have a larger circumference than the outer circles.

This visible universe is a subspace, the result of these various singularities interacting with each other. Where they touch each other, this surface is the space-time continuum of the universe. They exert a force on each other which is the source of all energies and can be used to explain gravity, electromagnetic fields and nuclear forces. The details of this theory are given in my other books. All matter and light are made up of interacting singularities.

What is of importance is that the concept of a three or four dimensional universe as a universal structure independent of matter and light is an erroneous idea. Only the singularity structures actually exist. Outside these singularities structures space and time does not exist. Their existence in only on the edges of the subspace that generates this universe.

However, we cannot see these singularities. We can only see the result of their interactions. This dimensional universe with its particles and light appears very real to us. This is why it is so important to understand our viewpoint. Our view may look real, but that doesn't mean that there isn't something even more substantial that it's a part of.

So a question; what is the backdrop upon which these singularities exists? That's where the amorphism part comes in. It exists but it is without form or structure. It is not nothing because nothing cannot become anything. If it could, it wouldn't be, nothing. Take a moment to think about it. This is a critical thought because amorphic existence is a paradox, it's everywhere and nowhere, across all time and timeless. The point on the singularity where our imaginary R axis equals zero is also a paradox, a place of infinite space within a space-less point. It's my belief that all philosophical investigations will end up as paradoxes. It is within these paradoxes where the actual truth exists. The fact that we cannot understand it is immaterial.

Awareness of Viewpoint

Now we are going to talk about materialism and Physics. The main error in materialism is the elimination of viewpoint. Everything is an

unstructured happening based upon the forces of Physics where gravity, electromagnetic and nuclear forces interact on physical matter. Of course this is a faithless viewpoint since there is no one to witness these interactions.

But we know that the body is highly complex and organized. There is a purpose behind every facet of the human body. A purpose requires an understanding of a need and an approach to fulfilling that need. This indicates design, something that blind luck could never accomplish. So we have to define a new term, awareness of viewpoint.

We have to start with the singularity space to define this awareness of viewpoint. Now awareness is simply the acknowledgment of what is, its consciousness. The only structure in singularity space is its outer boundary, the place where it's the smallest. Another way to define consciousness is to take apart this meaning into two separate concepts; the words “is” and “be”. The word “is”, basically takes an object and declares it “to be”, to exist. It can be defined as infinite speed information of the surrounding environment to the center, this is what is. The two concepts are the “is”, the infinite speed light, and the object that it declares to be, the outer boundary. Where is this declaration being made? At the paradox, the singularity center that is beyond our understanding.

The word consciousness is basically the opposite of materialism. It is everything materialism is trying to deny. In the singularity space consciousness is the viewpoint of the singularity center, where our comprehension of the universe ends. The infinite speed light is the awareness from the outer boundaries to this singularity point. As shown in my other books this infinite speed light appears as virtual light. So it is the energy within the subspace. As is shown in my other books of this series, the virtual light is the force against the outer boundary.

So with this approach how can awareness of viewpoints be combined to make living structures? In the space-time continuum universe you can not make living machines. Each particle would only have its own awareness and the only interaction would be the previously mentioned forces of Physics. However, each singularity contains infinite space. So if the structure came from the inside, from the internal singularities, the different particle's awareness could also be tied together into a greater awareness. Living organisms are built from the insides out, so there must exist structures within the singularities. These structures guide the order and awareness of the organism.

Singularity Model of the Soul

Our first approach is to explore a mathematically simple model first. Instead of a soul wrapped around every cell of a human body, we will instead look at half of a hemisphere. Basically half of a ball with the flat end on the ground. It's ten feet across (3 meters) and 5 feet high. It's totally black. We walk around it, and it's approximately a walk of 30 feet (9 meters). Since it's so dark I brought my flashlight.

It's so small we decided to get on our hands and knees and crawl inside. This is disconcerting, it felt like a roller coaster doing a double loop leaving our stomach behind. There by our feet is an hemisphere of light, the outside world, four feet tall and as we move away from it the hemisphere gets smaller. It's the only light around us, everyplace else is darkness.

We decide to explore this space, so we crawl parallel to the hemisphere of light. As we crawl the hemisphere slowly rotates showing the nearest edge to us. However, we noticed that the path around is a lot longer than the 30 feet that we initially took around the outer edge. We also noticed that we can stand, there is headroom. Its seems counterintuitive, but that's the way it is in inverse space. So we get braver and decide to continue walking towards the center.

We immediately noticed that we are not alone. We turn on our light and noticed that there are plants all around. There are various types with some beautiful, some ugly and some thorny. Then we realize that these are concepts. Some of them have been planted since childhood and they have grown into enormous bushes. There are hard, rocky places here where nothing can grow. There are pools of dark, deep water where fears live. Lastly there are flying things, thoughts, that appear and then disappear into the dark. We decide to press onward but it becomes difficult to traverse and there appears to be even worse dangers towards the center; traumas that we don't want to face.

In the physical world of particle and light interactions per my original theory the singularity spaces are empty except for virtual light, the wavelength between the singularity center to the outer edge. See my other books that describe this theory in detail in The Open Book Series.

But life is different. There is purpose and order to every action life takes unless it has sickness or impairment. Where did this order come from? Obviously from the insides since it cannot happen on the outside. So there are structures on the inside, there are energies on the

inside, there is understanding and awareness on the inside. How is this possible?

So let's go back and review the basics. The virtual light that is inside the singularities that is the structure that makes particles and light, this virtual light only looks like light from the subspace universe, from our viewpoint. From the singularity's viewpoint it is infinite speed light moving across an infinite distance to and from the singularity point. It is what is, the very concept of awareness. But it is also a force against the outer edge of the singularity, the force that is only felt in the subspace universe. These are the two building blocks required to make a simple structure. But to make the living organisms that we see around us requires structures within the singularity. In other words the organism really exists within the singularity.

So lets look at a concept of an organism similar to a tree or a bush. Here one singularity is like the trunk that divides into smaller branches and then into twigs. There is only one singularity, but it is divided up into individual singularities. All of these individuals are connected, but they have different attributes or responsibilities that's connected to the whole. How do they know this? From the insides, the division is from within the branches.

Here is purpose and understanding, awareness and order that's mentioned in the first book of the series. The absolute requirement of the mental universe and it exists within the soul of every living creature on earth, both animal and plant based. Now one type of animal is different from another type just like one type of tree is different from another type. Likewise, no two trees are alike.

So where did the design come from? From the inside! There are one cell organisms and multicellular organisms that are all organized around the same basic structure. They all have a Nucleus control center, a cellular membrane, a cytoskeleton, energy metabolism, storage, and transport of substances, removal of waste, reproduction, and locomotion.[1]

These same functions are reproduced in the human body with 11 major systems called organs. The Circulatory System, our blood, carries food, oxygen and removes waste, carbon dioxide for every cell. The Lymphatic System is the drainage system. The Respiratory System moves oxygen, carbon dioxide in and out of the body. The

1 List of Cell Organelles and their functions, Last Updated On October 14, 2022 by Ranga.nr

Integumentary System is our skin. The Endocrine System is our stimulation center includes all the glands that secrete hormones. The Gastrointestinal System is our digestive system. The Urinary System remove excess fluids and wastes from the body. The Musculoskeletal System consists of our bones and muscles that is our framework and physical movement. The Reproductive System is how we produce children. The Immune System fights against infections. Lastly the Nervous System is the communication system consisting of the brain and Spinal Cord. [2]

So a question arises, are these organisms connected? Like American philosopher Ralph Waldo Emerson's concept of the super animal, the overall representation of each animal species. This must exist in some sense and when you look at Biogeochemical Cycles like the carbon dioxide / oxygen exchange between plants and animals then one must realize that all nature must be interconnected.

This is a critical thought. If we are all interconnected then any action that we take against someone else, we take against ourselves. We are not separate beings whether we realize it or not. That really is the key to compassion, realizing that we are on both sides of any competition or battle. It is not “us” verses “them”, instead it is all “us”.

Now in the same manner that we are one body that are comprised of many bodies (cells) so is our soul, our life force, comprised of many viewpoints and many internal forces. The question that needs to be answered, are these viewpoints and internal forces working in unity or in conflict? It's funny, but we identify with these viewpoints and with these forces, but actually we are just the one holding the flashlight. I know you identify with your human soul just like you identify with your human body and this is all true, this is you. But you are also a point of awareness, the light of your existence. A spirit that for now remains undefined. What's important is what you make of yourself since the vehicle you are riding around in, the physical body in this universe and the soul in the singularity universe is of your own making.

Now I know that there are outside influences that affect us, and it's how we respond to these influences that's critical. I know that this self-examination is difficult. We can take all of this personally to heart, but if we can be objected about ourselves, we realize that we can counter these outside influences at work both on us and within us.

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2 Understanding the 11 Body Organ Systems By Rod Brouhard, EMT-P on Very Well Health

Sometimes it is better to be hard on yourself and fix your problems than to let them grow ever larger. There are concepts that have taken root in you and are trying to control you, forcing their identity upon you. But the truth is you are the one holding the flashlight.

To realize this concept you have to understand what is meant by spirit. In the Book of Genesis the Lord God formed man out of the dust from the ground and breathed the breath of life into his nostrils and the man became a living being (Chapter 2 verse 7). So the breath of life came from the Lord God. It's His spirit, his breath that gives the life. Our soul is our living being, our identification of self, and it causes our body to function.

In our model that flashlight that we are holding, its light is the spirit and our ability to realize and understand what the light shows is also spiriting. You might not like what the light is showing, but that is not the light's fault. It can only show the reality of what's growing in our heart.

Now the soul runs the body. When the soul is separated from the body then the body quickly returns to the original dust.

Your soul continues to exist however as a unique singularity space. In truth, you are your own universe. The question you have to ask yourself is this. Do you want to be alone with yourself? Remember you are a part of life on earth. If you spent your life focus on external factors like money, success, pleasures and ignored the inner connections to beauty and truths then the death experience is going to be horrific.

Matthew 22:1-14

And answering Jesus again spoke to them in parables saying: The kingdom of heaven is like [a] man [who] [was] king, who gave [a] wedding for his son. And he sent his slaves to call those invited to the wedding, and they did not want to come. Again he sent other slaves saying: Say to those invited: Behold my noon meal is prepared, my bull and my fattlings are killed, and five [are] ready. Come to the wedding. But being unconcerned they left, one to his own field, and one to his business.

The rest laying hold of his slaves committed outrages and killed them. And the king was angered and sending his troops, he destroyed those murderers and burned their city. Then he says to his slaves:

The wedding is ready, but the invited were not worthy. Go therefore to the street-corners or "crossroads", and whoever you find call to the wedding.

And going out into the road these slaves gathered all they found, wicked and good. And the wedding hall was filled with guests.

And when the king came in to behold the guests he saw there [a] man not clothed in wedding clothes. And he says to him: Friend, how do you come here not having wedding clothes? But he was silent.

Then the king said to the servants: Having bound him hand and foot, throw him into the outermost darkness. There will there be wailing and grinding of teeth. For many are called, but few [are] chosen.

And this event of the Lord's wedding is well known in the Christian religion. And it marks a specific time when a separation occurs, where part of humanity will be thrown into an outermost darkness.

The good news is both the wicked and the good are invited. All you have to do is to treat God with respect and clean yourself up before you go to God's wedding.

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The Spirit and the Soul

Zoe-life is the life GOD gives, His very nature and essence[3]. It is life interdependent, interconnected, the actual essence of reality[4]. Note what is stated in the Gospel of John chapter 1 verses 1-5.

All biblical quotations are from William Zeitler, Copyright ©2008, New Testament, FaithfulBible.com, www.faithfulbible.com.

John 1:1-5

In the beginning was the word, and the word was with God, and the word was God. This [one] was in [the] beginning with God. All came into being through him, and apart from him came into being not one [thing] that has come into being. In him was Zoe-life , and the Zoe-life was the light of men. And the light shines in the darkness, and the darkness did not master (or overcome) it.

So our light is the Zoe-life which is actually God's life. But if we identify with our psyche only, our personality, our intellect or even if we identify with our body only, our strengths or our beauty, then we miss the gifts God has for us. We are in darkness; in other words the spiritual light is very dim if it hasn't gone out completely.

There are many people who have lost the twinkle in their eye, the zest for life. They routinely go through the duties of the day without any creativity, spontaneity, or happiness. These are the walking dead. Our society is full of them.

Now the Gospel of John chapter 10 verses 1-10 Jesus stated His purpose.

John 10:1-10

Truly truly I say to you, the [one] not coming in through the gate into the sheep-pen but coming up from elsewhere, that [one] is [a] thief and [a] robber. But the [one] coming in through the gate is [the] shepherd of the sheep. The gatekeeper opens [the gate] to this [one], and the sheep hear his voice, and he calls his own sheep by name, and he leads them out. When he has brought out all his own, he goes

3 What is “Zoe” Life? Christ is in us. Christian Spiritual Development by I am FORGIVEN

4 Greek Translation of the New Testament from Faithful New Testament

before them, and the sheep follow him, because they know his voice. They will not follow [the voice belonging] to [a] stranger, but will flee from him, because they do not know the voice of strangers. Jesus told them this parable; but these [ones] did not know what it was that he was speaking to them.

So Jesus said again, Truly truly I say to you that I am the gate of the sheep. All who came before me are thieves and robbers. But the sheep have not heard them. I am the gate. If anyone enter through me, he will be saved, and he will come in and will go out and will find pasture. The thief does not come except in order that he steal and slaughter and destroy; I came in order that they have Zoe-life and have [it] exceedingly.

So with this in mind we need to follow the purpose of Jesus. Jesus is the gate, and He is the one who opens this gate with his words that He has given us in the bible. Again I will reiterate this is not a Christian book but an exploration book. The words of Jesus need to be heard because there is truths and comforts here.

Who are the ones not coming by the gate? These are the concepts, attitudes, influences that does not have Zoe-life and are not at all helpful to you. Like eating something with no nutritional value, it's of no help and may even be harmful. It may be tasty, comfort food, but a little goes a long ways in causing its effects.

The warning was given in the very beginning of the bible.

Genesis 2:16-17

"And the Lord God commanded the man saying, "Of every tree of the garden you may freely eat; but of the tree of knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die."

So the knowledge of, conceptual knowledge, affects us. This is not all knowledge like the Earth being round, this is a particular type of knowledge of what is good and what is evil. We like to think that conceptual knowledge are just facts, but actually they're not, they're opinions. They're second hand knowledge that we heard about but didn't experience. It made us wise in our own eyes with knowledge that we really don't have. We really were supposed to just have faith in God

and trust Him. Why are these opinions so dangerous? They're seeds. You really don't know what type of seeds are being planted in you.

This is made abundantly clear in the parable given in Mark Chapter 4.

Mark 4:1-20

And again he began to be teaching by the sea. And [an] exceedingly great crowd was gathered to him, so that having embarked he was sitting in [a] boat in the sea, and the crowd was on the land facing the sea. And he was teaching them many [things] in parables, and he was saying to them in his teaching:

Be listening: Behold the [one] sowing came out to sow. And it came to pass while sowing some fell beside the road, and the birds came and devoured it. And other [seed] fell upon the rocky [places], where it was not having much soil, and immediately it sprang up because it was not having depth of earth. And when the sun rose it was burned up, and because it was not having root it was withered. And other [seed] fell into thorns, and the thorns came up and choked it, and it gave no fruit. And others fell into the good soil and coming up and growing it was giving fruit and it was bearing to thirty[fold] and within sixty[fold] and within hundred[fold]. And he was saying: He who has ears to be hearing, let him be hearing.

And when he came to be alone, those around him with the twelve were asking him with regard to the parables. And he was saying to them: To you the mystery of the kingdom of God has been given, to those outside all things comes in parables, in order that

> ***Looking they look and may not see***
>
> ***And hearing they hear and may not understand***
>
> ***Lest ever they turn around and he forgive them.***
> ***(Isaiah 6:9-10)***

And he says to them: You do not know this parable, how also will you know all the parables? The sower sows the word. But these are those beside the road, how the word is sown, and when they hear, immediately Satan comes and takes the word having been sown in them. And these being sown upon the rocky [places] are likewise, which when they hear the word, immediately they receive it with joy. And they have no root in themselves, but are temporary, then [when] tribulation or persecution comes because of the word, they stumble.

And these are those being sown into the thorns, these are those having heard the word, and [when] the cares of the age and the deceitfulness of wealth and the lusts [about] the rest enter, they choke the word, and it becomes fruitless. And these are those having been sown upon the good soil, which hear the word and receive [it] and bear fruit in thirty and in sixty and in a hundred.

This garden is your heart the inner part of your soul. Whatever is planted in the garden affects your thinking and your actions. To know what's planted in your heart, all you have to do is to listen to your words. Your opinions are just those plants growing in your soul in full blossom.

But there is more than just opinions living within the soul, some people have monsters living there. There are past traumas, hurtful memories, forgotten injustices hiding there. But there could also be something else something that was commonly known about in Jesus's time but forgotten about in our time, unclean spirits and demon possession. I know this sounds superstitious and medieval, but think about this in a medical term. A cancerous cell in the body is one that has forgotten its function within the body. It starts to live independently and grow to become all it could be; indifferent to how it's hurting the rest of the body. It has what you would call a selfish attitude. One way to look at this condition is to call it a sickness, that is really what unclean meant back in biblical times.

Now it is the same way with us. We are part of a body, humankind. We are part of what we call nature, the whole kingdom of life on earth. But we in the civilized world forgot what most of the rest of the world remembered. We are to help each other and take care of each other. But people are now acting more like cancer cells, to become all they could be, indifferent to how they are hurting each other. In fact all of humanity seems to be divided up into various warring factors and because of this they have become sick.

God has delivered them up in the lusts of their hearts as stated in Romans chapter 1.

Romans 1:28-31

… God delivered them up to [an] unsound mind, to be doing the [things] not being fit, filled with every unjust pernicious **(causing**

great harm) ***greedy evil, full of jealousy, murder, strife, treachery, malice, gossip, slanderers, God-haters, insolent, arrogant, braggarts, contrivers of evil, disobedient to parents, not understanding, not bound by agreements, not [having] natural affection, not merciful...***

This is a pretty good description of what's wrong with the world today. A lot of people doing great harm being greedy and evil. These monsters exist because of the monsters within their hearts.

Now Jesus's brother said it plainly.

James 1:13-15

Let no one being tested be saying that they are being tested from God, for God is untested with reference to evil, and he himself tests no one. But each is tested from his own lusts, being drawn away and enticed. Then [when] the lusts conceives, it begets sin, and [when] sin is completed it gives birth to death.

The reason we are enticed is that we, the living being, is in darkness. The lust gives us some light. But it is not God's light. It's another being's light that is not looking out for our best interests. So how can we walk in God's light again?

God's Light

The answer is in the Gospel of John chapter 8 verse 12.

So, again Jesus spoke to them saying: I am the light of the world. The [one] following me shall not walk in darkness, but will have the light of Zoe-life.

If we are honest with ourselves then we know we need God's light. How can we get this light? Look at Jesus conversation with Nicodemus as stated in the Gospel of John chapter 3.

John 3:1-21

Now there was [a] man out of the Pharisees, [the] name to him [was] Nicodemus, [a] ruler of the Jews. This [one] came to him in [the] night and said to him: Rabbi, we know that you have come [a] teacher from God, for no one is able to be doing these signs that you are doing unless God be with him.

Jesus answered and said to him: Truly truly I say to you, if someone not be begotten from above, he is not able to see the kingdom of God.

Nicodemus says to him: How is [a] man able to be begotten being old? Is he able to enter into his mother's belly [a] second time and be begotten?

Jesus answered: Truly truly I say to you, if someone not be begotten out of water and wind (spirit), he is not able to enter (or see) into the kingdom of God. That which is begotten out of the flesh is flesh, and that which is begotten out of the spirit is spirit.

You should not marvel that I said to you, You must [all] be begotten from above. The wind blows where it wants, and you do not know whence it is coming and where it is going, in this manner is everyone who has been begotten out of the spirit.

Nicodemus answered and said to him: How are these [things] able to come to pass?

Jesus answered and said to him: You are the teacher of Israel and you do not know these [things]? Truly truly I say to you that what we have known we speak and what we have seen we testify, and our testimony you [all] do not receive. If I told the earthly to you [all], and you do not believe, how will you believe if I tell the heavenly to you? And no one has gone up into heaven except the one having come down out of heaven, the son of man. And just as Moses lifted up the snake in the wilderness (Numbers 21:5-9***), in this manner it is necessary for the son of man to be lifted up, so that everyone believing in him may be having eternal Zoe-life. For God thus agape-loved (meaning committed love) the world: so that he gave his uniquely-begotten son, so that everyone believing in him not perish but be having eternal Zoe-life.***

For God did not send his son into the world that he judge the world, but that the world be saved through him. The [one] believing in him is not judged, the [one] not believing [in him] has already been judged, because he has not believed in the name of the uniquely-begotten son of God. And this is the judgment, that the light has come into the world and men agape-loved the darkness rather than the light, for their works were wicked (sick).

For everyone doing (practicing) worthlessness hates the light and does not come to the light, that his works not be rebuked. But the [one] doing (practicing) the truth comes to the light, so that his works be revealed that they have been wrought by God.

So we have to come into the light within our souls if we want to not be in darkness being led into sin by our lusts. How? By believing in God, He has to be the center of your life, your actions, your interests. If He is in the center of your soul, of your singularity, than He will light your soul. But if you center your life around concepts or have an unsound mind (see Romans chapter 1 above) then you will be in darkness. Remember from the universe view the infinite center of a singularity looks like a single point. To find this point is difficult and staying fixed upon this point requires great effort.

Matthew 6 :22-24

The lamp of the body is the eye. If therefore your eye be simple (sincere, single minded)***, your whole body will be radiant. If however your eye be wicked*** (insincere, double minded)***, your whole body will be dark. If therefore the light in you is dark, how great [is] the darkness.***

No one is able to be slaving-to (or enslaved to) two lords. For either he will hate the one and agape-love the other, or he will hold to the one, and despise the other. You cannot be slaving-to God and Mammon (riches, wealth, stuff)**.**

Another example in Matthew chapter 7.

Matthew 7:13-14

Enter in through the narrow gate, for wide is the gate and broad is the road leading to destruction, and many are those entering through it. And confined is the way leading to Zoe-life, and few are those finding it.

Your Effort is Required

There is a work here. Your soul's attitudes will not change until you work on changing it. You are the seed sower of Mark chapter 4. To be truthful you are the gardener, the weed puller, the rock remover and the

one chasing away the birds. It's your job and no one else.

Here's the example of how you should live is given in Galatians chapter 5 verses 1-25 as shown in book 5 of this series, Psyche-life, Zoe-Life. The nature we should have to have a peaceful society is the following:

Physical Rational = Self Control
(discipline and control over one's actions)

Physical Emotional = Gentleness
(a mild and personal manner)

Physical Sociable = Faithfulness
(fidelity and truth with others)

Soulish Rational = Goodness
(morality and ethics guiding reasoning)

Soulish Emotional = Kindness
(graciousness and mercy guiding disposition)

Soulish Sociable = Patience
(forbearance and patience guiding personal interactions, also called long-suffering)

Spiritual Rational = God's Peace
(serenity, harmony, tranquility)

Spiritual Emotional = God's Joy
(rejoice, delight, gladness)

Spiritual Sociable = God's Love
(God's forgiveness, mercy, righteousness)
Whatever you do in life use these attributes as your markers. They are fruits of the spirit for your soul. But don't forget the last part of this chapter of Galatians. If we Zoe-live [life real and genuine originating from God] in the spirit, let us also be in line with the spirit. Let us not become conceited, provoking one another, envying one another. If we want our lives to be transformed we have to stay in the spirit. We have to stay humble putting other people first. The moment we become conceited, we become stiff-necked and hard-hearted we lost our connection to the Zoe-life. Now we are back to our old nature again, the nature that will die in the second death.

We also lose our connection if we provoke one another. Provoke means to harass, challenge, arouse and it causes divisions. I understand when you see people sleepwalking through life you want to shake them and

tell them to wake up. But that is not your job, you are not the judge and jury over other people's life. Judging other people will only mess you up and cause you to lose your Zoe-life.

Lastly don't envy what you see around you. God has you in His hands, He wants to be your everything. So you have to walk in faith. Absolutely trust God in every matter. If you don't, you can lose your life eternal.

Now I need to restate the obvious. I said that you have a body, you have a soul and that you are also spirit. Now this spirit may be dead, and you will consist of only a soul and body. If your body is dead then you, your soul, will be forever in darkness. But if your spirit is alive from God's Zoe-life than you won't be in darkness, you will be with Him.

So it is important to remember this.

Matthew 16:24-28

Then Jesus said to his disciples: Whoever wishes to come after me, he must deny himself and take up his cross and follow me. For whoever wishes to save his psyche-life will lose (ruin, destroy) it, and whoever loses his psyche-life because of me will find it. For how will [a] man be profited if he should gain the whole world and forfeit with pain his own psyche-life? Or what will [a] man give in exchange for his psyche-life?

For the son of man will come in the glory of his father with his angels, and then he will render a (repay) to each according to his doings. Truly I say to you that there are some standing here who will not taste of death until they see the son of man coming in his kingdom.

An Objective Look

Now as stated before, we are divided into three parts; we have a body, a soul, and a spirit realm. Each of these are divided into three facets. There is a rational section, an emotional section, and a relational section, the social interactions.

The spirit, is our essence.

Genesis 1:26

Then God said, "Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth."

This is the wind. It is the spark of an idea before it is formed into words, the feeling that is required to generate art and music, the passion of an commitment ahead of the manifestation of a plan of action. Notice that these divisions are the rational, emotional and relational facets.

The spirit is how we know anything.

First Corinthians 2 :11

For who of men has known the [things] of man except the spirit of man [that is] in him? Thus also has no one known the [things] of God except the spirit of God.

The spirit can be troubled. It can be deeply affected. It can even die out and be absent. Its the light, the means of which we can see and understand.

The soul which consists of our mind and our heart, is our character.

Genesis 1:27

So God created man in His own image; in the image of God He created him; ...

This is the part that lives on after the body dies, although it can die in the second death. It formulates an idea into words and mathematics. It generates a feeling into art and music. It manifests a commitment into a plan. More than that it is the character of our words, creations, and deeds. Again this is divided into the rational, emotional and relational facets.

The soul is our garden where we plant our words and concepts where they grow and develop into a harvest of good and bad fruits, achievements. The soul is usually how we recognize ourselves, our identity, although this is a misconception. We are actually spirit.

Lastly the body, is our persona, that part that lives in the physical world, the aspect of our character that is presented to or perceived by others.

Genesis 1:27

… male and female He created them.

It is the physical personification of our communication, conceptions, and actions. It is, in all truth, who we are.

Now you may ask about the gender identification, why is it only male and female at the physical stage, and the truth is I don't know. I only know that God has a lot of respect for women and at the end the church will be his bride.

It is important to note that the rational, emotional and relational sections affect each other. Words are significant but if they don't have an emotional impact they won't move anyone. Likewise, a plan of action without words will not get very far. The true effect requires all three in concert.

But it is even deeper than this. Our lives are not just words, music, and actions; many things can grow in the garden of our heart.

For example our combative nature can be shown with the rational having a fight or flight facet, the emotional anger or fear facet, and relational comrades or deserter facet. Likewise, a tribal nature can be shown with a rational judging or accepting facet, an emotional aggressive or accommodating facet and a relational leader or follower facet.

Spirit Aspects

Now lets explore each of these areas in more detail starting with the spirit. Here as stated previously in this book if we have Christ in our heart, His Zoe Life which is the eternal life from God, God's love, then three of the fruits of the spirit would exist in our spirit.

The peace affects the rational side providing accord, unity, reconciliation. The joy influences the emotional side providing bliss, delight, wonder. The devotional love affects the relational side providing righteousness, allegiance, relationship.

These three internal states produces three external actions. Peace and joy can't help but produce hope. Joy and devotional love produces a charity giving love. Lastly peace and a devotional love produces faith.

Now suppose we do not have the fruit of the spirit working in our spirit. Then instead of having God's Zoe Spirit we would have something else. There could be a full range of effects here but as an example let us look at the full extreme opposite of God's grace. Our

rational side would have discord, frustration, and estrangement as its base. Our emotions would spring from sorrow, misery, and melancholy. Our source of our interactions with others would be apathy, indifference, and even animosity. From these fear, despair, and hate would be our driving force.

So its important to realize that Personality and Mood Disorders originates here. The spirit is supposed to have dominion over the fish (moods), the birds (thoughts), the cattle (our daily responsibilities) and is the planter, gardener of the gardens of our souls. How the spirit acts affects the soul. The soul is tied into every cell of the human body. And the spirit can grow dim or die out leaving the soul to work on autopilot. That usually happens over time when you get older and allow your dreams to die.

It can even get worse. If your spirit dies out then another spirit can inhabit your soul. Even if it exorcise then per Matthew chapter 12.

Matthew 12:43-45

But whenever the unclean spirit goes out from the man, it passes through dry regions seeking rest, and it does not find [it]. Then he says: I will return to my house from where I came, and having come he finds it vacated and swept and set in order. Then he goes and brings with him seven other spirits more wicked than himself, and having entered in they set up house there. And the latter state of that man is worse than the first. Thus it will also be for this wicked generation.

An unclean spirit only wants to generate havoc on yourself and the surrounding ones.

Soul Aspects

Now looking at the soul we see three additional fruits of the spirit if we accept God's gift, His life. The goodness affects the rational side providing morals, virtues, excellence. The kindness influences the emotional side providing mercy and understanding. The patience, long-suffering, influences the relational side providing diligence, endurance, humility. All of these three are developed over a long period of planting and growing these behaviors. They also generate the character of the courage of our commitments, the compassion to do good deeds and the

endurance to create goodwill.

Now if we don't have the fruit of the spirit working in our mind then something else will generate our words, arts, and endeavors. The worse case would be immorality, wickedness, inferiority generating the work of our rational mind. Vengeance and hindrances would be our emotional gift to the world. Impatience, punishment, callousness would be how we react to people. From these three we have the character of cowardly intent, generating evil deeds without caring, and creating ill-will in an unstable environment. Needless to say we see a lot of this behavior around us during this period of history.

Body Aspect

Now if we look at our physical persona using the additional fruits of the spirit if we allow God's presence in our life, God is light and He illuminates our being. Our rational side has self-control which provides discipline, self-restraint, abstinence. Our emotional side has gentleness which provides a kind, mild nature. Our relational side has trustworthiness or faithfulness which provides a responsible, honest, authentic interaction with people. These generate the characteristic of a wise leader, generous benefactor, and a truthful communicator such as reporter, writer, preacher, songwriter.

Now reversing these traits the worse case influence would have the rational guided by self-indulgence, gluttony, hedonism the emotional becoming hardhearted, corrosive, untouched by the needs of others. The relational side has become irresponsible, dishonest, inaccurate. These would generate the characteristics of a dictator, a scrooge, and an agitator.

You are Responsible

How you live your life is your responsibility. If you see a mistake in how you are living, God will help you if you start trusting God and start living for Him. Put Him first in your finances, first in your marriage, first in your relationships.

The next section shows a number of personality disorders, depression disorders, thought disorders that the scientific and medical agencies have generated. It is important to review this lists and see if there is anything that you want to take to the Lord.

Don't skip these lists. They require a careful reading. And truthfully we

all have some condition listed here, something that need to be brought before the Lord. Be honest with yourself and allow yourself to be healed. Your life here is short but the future, the real future, is an eternity.

Allow the Lord to touch you, He is the healing anointing, the medicine needed for you to improve. Allow Him to heal, uproot, transform your life. And remember, the doctors always have to be listen to. If you have a problem then you need to bring it up to a professional doctor. Then you can witness to the doctor about how the Lord transformed your life.

Our Two Sided Nature

We have to be honest with ourselves. We can either have the Lord in our hearts or the devil in our hearts. Most of us are non-committed meaning that the very center of our singularity is unused, forgotten. We try to live either an intellectual life, a passionate life, a physical life or a life of service. What we forget is that the inner parts of our nature is larger than the outer parts. We can be swept away by whatever comes to occupy our hearts.

Now as an example look at our bodies. An infectious disease can be caused by: Bacteria, Viruses, Fungi, and Parasites.[5] All of these are living organisms with their own agenda. They can fight the bodies defenses, trying to enter the body to cause as much havoc as they can.

It's the same with spiritual attacks. The attacks come from the outside influences usually from the physical universe because this is the only way we contact other people. Through the physical we can spiritually affect each other. A peaceful, calming spirit can bring peace to a group. Likewise, a group can be encouraged to riot and even kill if agitated by the right spirit. We can be so moved because our center is empty, we are void in our singularity center. If it was filled the inertia would prevent any changes to our behaviors.

Note what's planted in our souls, the thoughts that we entertain, our fears affect our spirits. In the same way that bad, spoiled food can influence the body so can be poisoning attitudes and self incrimination touch a spirit.

Now it's true that the spirit is immortal, it is the wind from God. We trouble God with our infections, but He is patience with us wishing that we develop a garden of good fruits in our souls. But that is up to us.

Everyone is not in the same mindset.

Matthew 13:24-30, 36-43

Another parable he placed before them saying: The kingdom of the heavens is like [a] man sowing good seed in his field. But while the man sleeps his enemy came and sowed tares among the wheat and left. So when the grass sprouted and bore fruit, then the tares also became manifest. So when the slaves of the householder came they said to him: Lord, did we not sow good seed in the field? Whence

5 Infectious diseases,Patient Care & Health Information, Diseases & Conditions, Symptom-Causes; Mayo Clinic

therefore does it have tares?

But he told them, [An] enemy did this. So the slaves say: Do you wish therefore when we go that we gather them? But he tells them, No, lest gathering the tares you uproot the wheat with them. Allow them to grow together until the harvest, and in the time of the harvest I will say to the harvesters: Gather first the tares and bind them into bundles in order to burn them, but the wheat gather into my storehouse.

Then having left the crowd he came into the house. And his disciples came to him saying: Explain to us the parable of the tares of the field.

So answering he said: The [one] sowing the good seed is the son of man. And the field is the world, and the good seed these are the sons of the kingdom, and tares are the sons of the wicked [one]. And the enemy who sows these is the devil, and the harvest is the completion of the age, and the harvesters are angels. As therefore they gather the tares and burn them in fire, thus it will be in the completion of the age. The son of man will send his angels and they will gather out of his kingdom all [those] causing stumbling (ruin, disaster) and those doing lawlessness. And they will throw them into the fiery furnace, where there will be wailing and grinding of teeth (snarling, biting, gnashing). Then the just will shine as the sun in the kingdom of their father. The [one] having ears to be hearing, let him be hearing.

So there are some born of the devil who will never do good. There are jerks everywhere.

The question is, if you are not the one causing stumbling or lawlessness, how are you being affected by everyone else? Are you stressed? Are you being poisoned by external influences? Is there gaslighting happening to you? Have you lost your identity?

Personality Disorders

This information is from Mayo Clinic, September 23, 2016, Personality disorders - Symptoms and causes – Mayo Clinic, mayoclinic.org, https://www.mayoclinic.org/diseases-conditions/personality-disorders/symptoms-causes/syc-20354463

Its important to look at personality disorders to see if you have

tendencies that needs correcting. These are grouped into three basic clusters, based on similar characteristics and symptoms.

Cluster A personality disorders

Characterized by odd, eccentric thinking or behavior. They include paranoid personality disorder, schizoid personality disorder and schizotypal personality disorder.

Paranoid personality disorder

- Pervasive distrust and suspicion of others and their motives
- Unjustified belief that others are trying to harm or deceive you
- Unjustified suspicion of the loyalty or trustworthiness of others
- Hesitancy to confide in others due to unreasonable fear that others will use the information against you
- Perception of innocent remarks or nonthreatening situations as personal insults or attacks
- Angry or hostile reaction to perceived slights or insults
- Tendency to hold grudges
- Unjustified, recurrent suspicion that spouse or sexual partner is unfaithful

Schizoid personality disorder

- Lack of interest in social or personal relationships, preferring to be alone
- Limited range of emotional expression
- Inability to take pleasure in most activities
- Inability to pick up normal social cues
- Appearance of being cold or indifferent to others
- Little or no interest in having sex with another person

Schizotypal personality disorder

- Peculiar dress, thinking, beliefs, speech, or behavior
- Odd perceptual experiences, such as hearing a voice whisper your name
- Flat emotions or inappropriate emotional responses
- Social anxiety and a lack of or discomfort with close relationships
- Indifferent, inappropriate or suspicious response to others
- "Magical thinking" — believing you can influence people and events with your thoughts
- Belief that certain casual incidents or events have hidden messages meant only for you

Cluster B personality disorders

Characterized by dramatic, overly emotional or unpredictable thinking or behavior. They include antisocial personality disorder, borderline personality disorder, histrionic personality disorder and narcissistic personality disorder.

Antisocial personality disorder

- Disregard for others' needs or feelings
- Persistent lying, stealing, using aliases, conning others
- Recurring problems with the law
- Repeated violation of the rights of others
- Aggressive, often violent behavior
- Disregard for the safety of self or others
- Impulsive behavior
- Consistently irresponsible
- Lack of remorse for behavior

Borderline personality disorder

- Impulsive and risky behavior, such as having unsafe sex, gambling or binge eating
- Unstable or fragile self-image
- Unstable and intense relationships
- Up and down moods, often as a reaction to interpersonal stress
- Suicidal behavior or threats of self-injury
- Intense fear of being alone or abandoned
- Ongoing feelings of emptiness
- Frequent, intense displays of anger
- Stress-related paranoia that comes and goes

Histrionic personality disorder

- Constantly seeking attention
- Excessively emotional, dramatic or sexually provocative to gain attention
- Speaks dramatically with strong opinions, but few facts or details to back them up
- Easily influenced by others
- Shallow, rapidly changing emotions
- Excessive concern with physical appearance
- Thinks relationships with others are closer than they really are

Narcissistic personality disorder

- Belief that you're special and more important than others
- Fantasies about power, success, and attractiveness

Failure to recognize others' needs and feelings
Exaggeration of achievements or talents
Expectation of constant praise and admiration
Arrogance
Unreasonable expectations of favors and advantages, often taking advantage of others
Envy of others or belief that others envy you

Cluster C personality disorders

Characterized by anxious, fearful thinking or behavior. They include avoidant personality disorder, dependent personality disorder and obsessive compulsive personality disorder.

Avoidant personality disorder

Too sensitive to criticism or rejection
Feeling inadequate, inferior or unattractive
Avoidance of work activities that require interpersonal contact
Socially inhibited, timid and isolated, avoiding new activities or meeting strangers
Extreme shyness in social situations and personal relationships
Fear of disapproval, embarrassment, or ridicule

Dependent personality disorder

Excessive dependence on others and feeling the need to be taken care of
Submissive or clingy behavior toward others
Fear of having to provide self-care or fend for yourself if left alone
Lack of self-confidence, requiring excessive advice and reassurance from others to make even small decisions
Difficulty starting or doing projects on your own due to lack of self-confidence
Difficulty disagreeing with others, fearing disapproval
Tolerance of poor or abusive treatment, even when other options are available
Urgent need to start a new relationship when a close one has ended

Obsessive-compulsive personality disorder

Preoccupation with details, orderliness, and rules
Extreme perfectionism, resulting in dysfunction and distress when perfection is not achieved, such as feeling unable to finish a project because you don't meet your own strict standards

Desire to be in control of people, tasks and situations, and inability to delegate tasks
Neglect of friends and enjoyable activities because of excessive commitment to work or a project
Inability to discard broken or worthless objects
Rigid and stubborn
Inflexible about morality, ethics, or values
Tight, miserly control over budgeting and spending money[6]

This is an interesting list since most of us can find disorders on this list. And it's important to find the reasons behind these disorders whether they be traumas, thought disorders, mood disorders, depression or traumatic brain injury.

Thought Disorder

This information is from Daniel Yetman, March 5, 2020, What Is a Thought Disorder?,
healthline,
https://www.healthline.com/health/thought-disorder#types-and-symptoms

These are some of the most common types of thought disorder:

Alogia
People with alogia, also known as poverty of speech, give brief and unelaborated (not planned or executed with painstaking attention to detail) responses to questions. People with this form of thought disorder rarely speak unless prompted. Alogia is often seen in people with dementia or schizophrenia.

Blocking
People with thought blocking often interrupt themselves abruptly mid-sentence. They might pause for several seconds or minutes. When they start talking again, they often change the topic of conversation. Thought blocking is common in people with schizophrenia.

Circumstantiality
People with circumstantiality, also known as circumstantial thinking, or circumstantial speech, often include excessive irrelevant details in their speaking or writing. They maintain

6 Personality Disorders, Patient Care & Health Information, Diseases & Conditions, Mayo Clinic

their original train of thought but provide a lot of unnecessary details before circling back to their main point.

Clanging or clang association

A person with clanging thought process makes word choices based on the sound of the word rather than the meaning of the word. They may rely on using rhymes, alliterations, or puns and create sentences that don't make sense. Clanging thought process is a common symptom of mania.

Derailment

A person with derailment talks in chains of only semi-related ideas. Their ideas often fall further and further from the topic of conversation. For example, a person with derailment thought disorder might jump from talking about rabbits to the hair on their head to your sweater.

Distractible speech

A person with distractible speech thought disorder has trouble maintaining a topic. They shift quickly between topics and get distracted by internal and external stimuli. It's commonly seen in people with mania. For example, somebody exhibiting distractible speech might abruptly ask where you got your hat mid-sentence while telling you about a recent vacation.

Echolalia

People with echolalia struggle to communicate. They often repeat noises and words they hear instead of expressing their thoughts. For example, instead of answering a question, they may repeat the question.

Other types of thought disorder

The Johns Hopkins Psychiatry Guide lists 20 types of thought disorder. These include:

Paraphasic error: constant word mispronunciation or slips of the tongue
Stilted speech: using unusual language that's overly formal or outdated
Perseveration: leads to a repetition of ideas and words
Loss of goal: trouble maintaining a topic and an inability to come to a point
Neologism: creating new words
Incoherence: speaking in seemingly random collections of

words, known as “word salad”[7]

Mood Disorders

This information is from Lauren DiMaria, May 18, 2022, The Various Types of Mood Disorders, verywellmind, https://www.verywellmind.com/mood-disorder-1067175

Moods may range from extremely low (depressed) to extremely high or irritable (manic). In general, symptoms may include:

Loss of interest in activities one once enjoyed
Eating more or less than usual
Difficulty sleeping or sleeping more than usual
Fatigue
Crying
Anxiety
Feeling "flat," having no energy to care
Feeling isolated, sad, hopeless, and worthless
Difficulty concentrating
Problems making decisions
Feelings of guilt
Irritability
Thoughts of dying and/or suicide

Major depressive disorder (MDD): This is what we often hear referred to as major depression or clinical depression. It involves periods of extreme sadness, hopelessness, or emptiness accompanied by a variety of physical, cognitive, and emotional symptoms.

Bipolar I disorder: This disorder was formerly called manic depression. Mania is characterized by euphoric and/or irritable moods and increased energy or activity. During manic episodes, people with bipolar I also regularly engage in risky activities that can result in negative consequences for themselves and/or others.

Bipolar II disorder: To be diagnosed with bipolar II, a person must have had at least one episode of current or past hypomania (a less severe form of mania), and at least one episode of current or past major depression, but no history of any manic episodes.

7 What Is a Thought Disorder? Medically reviewed by Timothy J. Legg, PhD, PsyD — By Daniel Yetman on March 5, 2020, Mental Well Being, Health Line

Cyclothymic disorder: Diagnosis requires a minimum two-year history of many episodes that resemble hypomania and resemble major depression, but none of which actually meet the criteria for these conditions.

Bipolar and related disorder due to another medical condition: Some medical conditions can actually cause symptoms of bipolar disorder. This is diagnosed when there is evidence that the mood disturbance is the direct physiological result of another medical (not mental) condition.

Depressive disorder due to another medical condition: Similar to bipolar disorder related to another medical condition, this diagnosis is used for people who have the symptoms of depression; however, the symptoms are directly caused by an underlying medical condition such as hypothyroidism.

Substance/medication-induced bipolar disorder: This describes a person who is experiencing symptoms of bipolar disorder as a result of alcohol, drugs, or medication.

Substance/medication-induced depressive disorder: This diagnosis is used when a person experiences a depressive disorder as a result of alcohol, drugs, or medication.

Other specified or unspecified bipolar: These diagnoses may be used when a person doesn't meet the criteria for any other type of bipolar disorder, but they do experience bipolar symptoms (such as a hypomanic episode lasting only two days).

Other specified or unspecified depressive disorder: These diagnoses may be used when a person experiences a depressive disorder, but they don't technically meet the full criteria for any other depressive disorder. This allows communication around the specific reasoning the presentation does not meet criteria for any specific depressive disorder.[8]

Depression

This information is from Jessica Truschel, March 7, 2022 ,Types of Depression: The 10 Most Common Depressive Disorders, Psycom,

8 The Various Types of Mood Disorders, By Lauren DiMaria Updated on May 18, 2022, Medically reviewed by Steven Gans, MD

https://www.psycom.net/depression/types-of-depression

There are ten major types of depression.

Major Depression (Clinical Depression)

Major depressive disorder, also known as unipolar or clinical depression, is characterized by a persistent feeling of sadness or a lack of interest in outside stimuli.

Dysthymia (Persistent Depressive Disorder)

Dysthymia, also known as persistent depressive disorder, is a long-term form of depression that lasts for years and can interfere with daily life, work, and relationships. People with dysthymia often find it difficult to be happy even on typically joyous occasions.

Manic Depression (Bipolar Disorder)

Bipolar disorder, sometimes referred to as manic depression, is a mental health condition that causes extreme fluctuations in mood and changes in energy, thinking, behavior, and sleep. With manic depression, you don't just feel "down in the dumps;" your depressive state may lead to suicidal thoughts that change over to feelings of euphoria and endless energy.

Postpartum Depression (Peripartum Depression)

Sad feelings and crying bouts that follow childbirth are known as the "baby blues." The baby blues are common and tend to decrease within a week or two.

Seasonal Affective Disorder (SAD)

Seasonal affective disorder (SAD) is a type of depression related to the change of season. People who suffer from SAD notice symptoms beginning and ending at about the same times each year. For many, symptoms start in the fall and continue into the winter months.

Psychotic Depression

According to the National Alliance on Mental Illness, around 20 percent of people with depression have episodes so severe that they develop psychotic symptoms. A diagnosis of major depressive disorder with psychotic features may be given to individuals suffering from a combination of the symptoms of depression and psychosis: a mental state characterized by disorganized thinking or behavior; false beliefs, known as delusions, or false sights or sounds, known as hallucinations.

Premenstrual Dysphoric Disorder (PMDD)

Premenstrual dysphoric disorder, or PMDD, is a cyclic, hormone-based mood disorder, commonly considered a severe and disabling form of premenstrual syndrome (PMS). While up to 85% of women experience PMS, only around 5% of women are diagnosed with PMDD.

Atypical Depression

Despite its name, atypical depression may in fact be one of the most prominent types of depression. Atypical depression is different from the persistent sadness or hopelessness that characterizes major depression. It is considered to be a "specifier" or subtype of major depression that describes a pattern of depression symptoms, including: oversleeping, overeating, irritability, heaviness in the arms and legs, sensitivity to rejection, and relationship problems

Situational Depression (Reactive Depression Adjustment Disorder)

Situational depression, otherwise known as reactive depression or adjustment disorder, is a short-term, stress-related type of depression. It can develop after a person experiences a traumatic event or a series of changes to their everyday life. Examples of events or changes that may trigger situational depression include but are not limited to: divorce, retirement, loss of a friend, illness, and relationship problems.

Disruptive Mood Dysregulation Disorder (DMDD)

DMDD is a fairly recent diagnosis, appearing for the first time in the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) in 2013. The DSM-5 classifies DMDD as a type of depressive disorder, as children diagnosed with DMDD struggle to regulate their moods and emotions in an age-appropriate way. As a result, children with DMDD exhibit frequent temper outbursts in response to frustration, either verbally or behaviorally. In between outbursts, they experience chronic, persistent irritability.[9]

9 Types of Depression: The 10 Most Common Depressive Disorders, Mar 7, 2022 by Jessica Truschel, Psycom

Traumatic Brain Injury

This information is from Mayo Clinic, Traumatic brain injury – Symptoms and causes -Mayoclinic, mayoclinic https://www.mayoclinic.org/diseases-conditions/traumatic-brain-injury/symptoms-causes/syc-20378557

Traumatic brain injury can have wide-ranging physical and psychological effects. Some signs or symptoms may appear immediately after the traumatic event, while others may appear days or weeks later.

Mild traumatic brain injury:

The signs and symptoms of mild traumatic brain injury:

Physical symptoms
- Headache
- Nausea or vomiting
- Fatigue or drowsiness
- Problems with speech
- Dizziness or loss of balance

Sensory symptoms
- Sensory problems, such as blurred vision, ringing in the ears, a bad taste in the mouth or changes in the ability to smell
- Sensitivity to light or sound

Cognitive, behavioral or mental symptoms
- Loss of consciousness for a few seconds to a few minutes
- No loss of consciousness, but a state of being dazed, confused or disoriented
- Memory or concentration problems
- Mood changes or mood swings
- Feeling depressed or anxious
- Difficulty sleeping or too much sleep

Moderate to severe traumatic brain injuries:

Moderate to severe traumatic brain injuries can include any of the signs and symptoms of mild injury, as well as these symptoms that may appear within the first hours to days after a head injury:

Physical symptoms
- Loss of consciousness from several minutes to hours
- Persistent headache or headache that worsens

- Repeated vomiting or nausea
- Convulsions or seizures
- Dilation of one or both pupils of the eyes
- Clear fluids draining from the nose or ears
- Inability to awaken from sleep
- Weakness or numbness in fingers and toes
- Loss of coordination

Cognitive or mental symptoms

- Profound confusion
- Agitation, combativeness
- Slurred speech
- Coma, other disorders of consciousness[10]

10 Traumatic brain injury, Symptons, Mayo Clinic

Anxiety Disorders

This information is from Natasha Tracy, May 14, 2019, Types of Anxiety Disorders:List of Anxiety Disorders, healthyplace https://www.healthyplace.com/anxiety-panic/anxiety-disorders/types-of-anxiety-disorders-list-of-anxiety-disorders

Two of the most common types of anxiety disorders are social anxiety disorder and phobias. In their mild forms, they are relatively benign. On the extreme end, both can be psychologically debilitating.

List of Short-Term Anxiety Disorders
Eleven types of anxiety disorders are recognized by the latest version of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR). Some types of anxiety disorders are short-term and often resolve themselves with the removal of a stressor.
Here's a list of anxiety disorders that are typically short-term:

Acute stress disorder – diagnosed when anxiety symptoms occur immediately following a trauma, but are short-lived.
Adjustment disorder with anxious features – diagnosed when a person develops anxiety symptoms in relation to a major life-changing event – like getting married or moving to another city. Symptoms generally start within three months of the stressful event and occur for six months or less.
Substance-induced anxiety disorder – generally resolves when the substance is discontinued or when withdrawal from the substance is over.

List of Long-Term Anxiety Disorders
Other types of anxiety disorders develop and remain long-term. Many start in childhood and last long into adulthood, particularly if treatment has not been sought.

This list of anxiety disorders includes:

Agoraphobia – a fear of being in a public place where escape would be embarrassing or difficult. This is particularly prevalent when a person fears they may have a panic attack.
Anxiety due to a general medical condition – this type of anxiety disorder can be short- or long-term depending on the medical

condition. Anxiety often develops in relation to illnesses like heart conditions.
Generalized anxiety disorder (GAD) – anxiety symptoms occur in multiple environments and due to multiple objects or situations. Anxiety symptoms may not have a known cause.
Obsessive-compulsive disorder (OCD) – anxiety symptoms are in the form of intrusive, obsessive thoughts and compulsive behaviors (or mental acts). OCD is considered a chronic type of anxiety disorder.
Panic disorder – consists of severe, immediate anxiety symptoms (a panic attack) due to a variety of causes, as well as the worry over having another panic attack.
Posttraumatic stress disorder (PTSD) – anxiety symptoms that occur after a trauma and are long-term in nature.
Social phobia, also referred to as social anxiety disorder – anxiety symptoms occur in social or performance situations and stem from the fear of being humiliated or embarrassed.
Specific phobia (also known as a simple phobia) – anxiety symptoms occur around a specific object or situation which results in avoidance.[11]

Now all of these disorders live deep within us. They are not surface abnormalities, something the conscious mind can easily change. Some of these require professional help and in truth some only Jesus can help.
What's critical first is to do a self appraisal. Identify where your problems are. Can these concerns be worked around? If you change your environment, if you change what you watch, if you change who you entertain, if you assess how you are living and how you are making money then maybe you will stop feeding these negative influences.
The second question is just as important. Can you face your demons and defeat them? Don't get me wrong, I am talking about a real battle like those who admit they are alcoholics and go to Alcoholics Anonymous. It's a real battle against a real enemy. This enemy want's you to die defeated. He will throw everything he can to make you stop and accept your defeat. Don't let him. Remember you are the wind! And if you have Jesus at your back you can be a literal hurricane.
Hebrews 4:9-16

Therefore [a] Sabbath rest is left to the people of God. For the [one] having entered into his rest has also rested from his works, just as God

11 Types of Anxiety Disorders: List of Anxiety Disorders, by Natasha Tracy, Healthy Place

*[did] from his (on the seventh day). Let us hasten therefore to enter into that rest, in order that in it any in copy (imitation) fall from disobedience (*or no one will fall into the same pattern of disobedience as those of old who harden their hearts and did rebellion in the wilderness refusing to go into the promised land*). For the word of God [is] Zoe-living and active and more cutting than every two-edged sword and piercing to separation of psyche-life and spirit, joints and marrows, and able to judge the reflections and insights of the heart. And no created [one] is hidden before him, but everything is naked and laid bare to his eyes, towards which the word [is] to us.*

How to Proceed

We all have basic needs deep within us that need to be satisfied. Like hunger and thirst we constantly search for fulfillment. Now look at these two references from the Gospel of John.

John 6:43-51

Jesus answered and said to them: Be not grumbling with each other. No one is able to come to me except the father having sent me pull (tug, compel) him, and I will raise him up in the last day. It is written in the prophets,

> ***And they will all be taught by God.***
>
> (Isaiah 54:13, Jeremiah 31:34)

Everyone having heard the father and having learned [from him] comes toward me. Not that anyone has seen the father, except the [one] being from God, this [one] has seen the father.

Truly truly I say to you, the [one] believing has eternal Zoe-life. I am the bread of Zoe-life. Your fathers ate the manna in the wilderness (Exodus chapter 16), and they died. This is the bread coming down from heaven, in order that anyone who eat of it also not die. I am the Zoe-living bread having come down out of heaven. If anyone eat of this bread, he will Zoe-live to eternity.

John 4:4-26

Now it was necessary for him to be going through Samaria. So he comes into [a] city of Samaria, that is being called Suchar, near the piece of land that Jacob gave to Joseph his son. Now the well of Jacob was there. So Jesus having become weary from the journey was sitting by the well. It was [about] [the] sixth [hour].

[A] woman from Samaria comes to draw water. Jesus says to her: Give me [some] to drink. For his disciples had departed into the city, that they buy food.

So the Samaritan woman says to him: How do you being [a] Jew ask to drink from me who is [a] Samaritan woman? (For the Jews do not

have dealings with the Samaritans.)

Jesus answered and said to her: If you had known the gift of God and who is the [one] saying to you: Give me [some] to drink, you would have asked him and he would have given to you Zoe-living water.

She says to him: Lord, you have no bucket and the well is deep; whence then do you get the Zoe-living water? Are you greater than our father Jacob who gave the well to us and he himself drank from it and his sons and his animals?

Jesus answered and said to her: Everyone drinking from this water will thirst again, but whoever drinks from the water that I will give to him, he will not thirst for eternity, but the water that I will give to him will become in him [a] well of water springing-up (gushing-up) to eternal Zoe-life.

The woman says to him: Lord, give me this water, that I not be thirsting nor be coming here to be drawing [water].

He says to her: Be going, call your husband and come here.

The woman answered and said: I do not have [a] husband.

Jesus says to her: You said well: I do not have [a] husband. For you have had five husbands, and whom you now have is not your husband. This truly you have said.

The woman says to him: Lord, I perceive that you are [a] prophet. Our fathers worshiped in these mountains (foot of Mt. Gerizim), and you [people] say that in Jerusalem is the place where [one] must be worshiping.

Jesus says to her: Be believing me, lady, that [an] hour comes when neither in these mountains nor in Jerusalem will you [people] worship the Father. You [people] worship what you do not know, we worship what we do know, because salvation is from the Jews. But an hour comes and now is when the true worshipers will worship the Father in spirit and truth, for indeed the Father seeks such [to be] his worshiping [ones]. God is spirit, and [his] worshiping [ones] must be worshiping in spirit and truth.

The woman says to him: We know that [a] Messiah is coming, the [one] being called. When that [one] comes, he will declare to us everything.

Jesus says to her: I am [He], the [one] speaking to you.

So the question is where are you getting your nourishment? What well are you drinking from? Most news outlets have hidden agendas; they have poisoned the well. Many movies, books, and television shows are based upon writers biases and opinions. Usually there is nothing of substance here to sustain you. We are trying to maintain ourselves on junk food. Because of all of these poisons we have lost our ability to become compassionate.

Matthew 11:16-17

So to what shall I liken this generation? It is like children sitting in the market-place who call to the others saying:

We played the flute for you and you did not dance, We mourned and you did not beat yourself.

Now for some this is the way it should be. The children don't have any money, they don't have any say in the way things are. They should stay quiet and respect their elders. But for others, who refuse to say “I'm done trying to be a better person, this is as good as it gets”, there is a rest for the soul.

Matthew 11:25-30

In that opportune-time (proper time) Jesus answered saying: I confess to you (and agree with you), O Father, Lord of heaven and earth, that you have hidden these [things] from the wise and intelligent, and have revealed these [things] to the childish. Yes, O Father, for thus [your] purpose came to pass before you. Everything has been delivered to me by my Father, and no one knows the Son except the Father, nor does anyone know the Father except the Son and [the one] to whom the Son intends to reveal [Him].

Come to me all [you who are] exhausted and heavy laden, and I will

give you rest. Take my yoke upon you and learn from me, because I am gentle and humble in heart, and you will find rest for your psyche-lives. For my yoke is kind and my burden is light.

So its important to know that the kingdom of heaven can exist within your heart.

Matthew 13:31-32

Another parable he placed before them saying: The kingdom of the heavens is like [a] mustard seed, which when [a] man takes he plants in his field, which indeed is smaller than all seeds, but when it has grown is the larger of the herbs and becomes [a] tree, so that the birds of heaven come and rest in its branches.

This tree can exist within us, at the center of the heart. And it can make a difference in our attitudes, our thinking, our moods, and our personality. And it is important to search and find this kingdom of heaven.

Matthew 13:44-52

The kingdom of the heavens is like [a] treasure hidden in the field, which when [a] man found, he hid, and from his joy he goes and sells whatever he has and buys that field.

Again the kingdom of the heavens is like [a] traveler seeking beautiful pearls. And when he finds one costly pearl, having gone he has sold all that he had and bought it.

Again the kingdom of the heavens is like [a] net having been thrown in the sea and having gathered out of every kind, which when it was filled they drag [it] to the shore and having sat they gather the good into containers, but the rotten they throw out. Thus it will be in the completion of the age. The angels will come and separate the wicked from the midst of the just. And they will throw them into the fiery furnace. There shall there be wailing and grinding of teeth. Have you understood all these [things]? They say to him: Yes.

So he said to them: Because of this every scribe who becomes [a]

disciple in the kingdom of the heavens is like [a] man [who is a] householder, who brings out of his treasure new [things] and old.

The only way to find this kingdom is to trust God and to do the things that He asks you to do. And the only way to know these things is to read the bible and spend time in prayer.

Colossians 1:9-23

Because of this we also, from which day we heard, cease not to be praying for you and asking so that you be filled [with] the knowledge of his will in all wisdom and spiritual understanding, to walk worthy of the Lord in all desire-to-please in every good work, bearing fruit and increasing in the knowledge of God, in all strength being strengthened according to the power of his glory for all endurance and patience with joy, giving thanks to the father having rendered you fit for the portion of the share of the holy [ones] in the light, who delivered us out of the power of the darkness and brought us into the kingdom of his agape-beloved son, in which we have the deliverance, the forgiveness of sins, who is [the] image of the invisible God, firstborn of all creation, because in him was created everything in the heavens and on the land, the seen and the unseen, whether thrones or dominions or principalities or power; everything through him and for him has been created. And he himself is before everything, and everything in him consists, and he himself is the head of the body, of the assembly, who is [the] beginning, [the] firstborn of the dead, that he himself come in all [to] be having first place. For in him all the fullness was well-pleased to dwell, and through him everything [was well-pleased] to be reconciled to him, having made peace through the blood of his cross through him, whether the [things] upon the earth or the [things] in the heavens. And you formerly being alienated and hostile in your mind by the wicked works, but now he reconciled [you] in the body of his flesh through his death to present you holy and blameless and irreproachable in his presence, if indeed you still abide in the faith, having been strengthened and steadfast and not shifting from the hope of the good-news which you heard, the [one] having been proclaimed in all creation under heaven, of which I Paul became [a] servant.

Colossians 3:3-17

For you died, and your Zoe-life is hidden with [the] Christ in God. Whenever Christ will become visible, [who is] your Zoe-life , then also you with him will become visible in glory. Put to death therefore [your] members upon the earth: immorality, uncleanness, passion, evil desires and the greediness which is idolatry, because of which comes the anger of God upon the sons of disobedience, in which also you walked at one time, when you were Zoe-living in these [things]. But now you also lay aside all [these]: anger, passion, evil, slander, obscene speech out [of your] mouth. Do not be lying to one another, taking off the old man with its evil deeds, and having put on the new, the [one] being renewed for knowledge according to the image of the [one] having created it, where there is not Greek and Jew, circumcision and un-circumcision, foreigner, Scythian, slave, free, but all indeed are in Christ. Therefore put on—as chosen of God holy and agape-beloved— affection of mercy, kindness, humble mindedness, gentleness, long-suffering, being patient with one another and forgiving each other, if anyone has [a] complaint against anyone; indeed just as the Lord forgave you, likewise you also [forgive one another]. But above all these [put on] agape-love, which is the bond of completeness. And let the peace of Christ be controlling in your hearts, for which you also were called in one body; and become thankful. Let the word of Christ be dwelling in you richly, in all wisdom teaching and warning each other with psalms, hymns, spiritual songs in kindness, singing in your hearts "go God." And all which you do in word or in deed, [do] all in [the] name of Christ. Jesus, giving thanks to God the father through him.

Matthew 18:1-9

In that hour the disciples came to Jesus saying: Who then is greater in the kingdom of the heavens? And when he called [a] child he stood him in their midst and said: Truly I say to you, unless you turn and become as the child, you will not enter into the kingdom of the heavens. Whoever therefore humbles himself as this child, this is the greater in the kingdom of the heavens. And whoever receives [one] such child in my name receives me but whoever causes one of these little [ones] believing in me to stumble, it is better for him that [a] millstone be hung around his neck and he be sunk in the depths of

the sea. Woe to the world because of those causing stumbling. It is necessary for stumbling to come, nevertheless woe to the man through whom comes the stumbling. But if your hand or your foot causes you to stumble, cut it off and throw [it] from you. It is better for you to enter into Zoe-life crippled or deformed than having two hands or two feet to be thrown into the eternal fire. And if your eye causes you to stumble, tear it out and throw [it] from you. It is better for you to enter into Zoe-life one-eyed than having two eyes to be thrown into the Gehenna of fire. *(*Gehenna was the garbage dump outside of Jerusalem that was perpetually on fire*)*

Now look at this verse from I Corinthians 15 as a sign of hope.

I Corinthians 15: 34-58

Be justly sober and be not sinning. For some have ignorance of God, I speak this to your shame. But someone will say: How are the dead raised? And with what sort of body do they come?

Fool, what you sow, is it not made-Zoe-alive except it die? And what you sow, you do not sow the body that shall be, but [the] naked grain, perhaps of wheat or of something else. But God gives to it body just as he wanted, and to each of the seeds its own body. Not all flesh [is] the same flesh, but [there is] the flesh of men, and another flesh of domesticated animals, and another flesh of birds, and another of fish. And [there are] heavenly bodies, and earthly bodies. But the glory of the celestial [is one] and that of the earthly [is] another. [There is one] glory of [the] sun, and another glory of [the] moon, and another glory of the stars, for star differs from star in glory.

Thus also the resurrection of the dead. It is sown in corruption, it is raised in in-corruption. It is sown in dishonor, it is raised in glory; it is sown in weakness, it is raised in power. It is sown [a] psyche-life-ish body, it is raised [a] spiritual body. If there is [a] psyche-life-ish body, there is also [a] spiritual body. Thus also is it written:

> ***The first man Adam came to be [a] Zoe-living psyche-life,***
> ***The last Adam [a] Zoe-life-making spirit.***

But not first [is] the spiritual, but the psyche-life-ish, then the spiritual. The first man [was] from the dust of the earth, the second man [was] from heaven. Of what sort [is] the [one] made of dust,

such are they made of dust, and of what sort [is] the heavenly [one], such also are the heavenly [ones]. And just as we bear the image of the [one] made of dust, let us also bear the image of the heavenly. For this I say, brothers, that flesh and blood is not able to inherit the kingdom of God, neither does corruption inherit in-corruption.

Behold I tell you [a] mystery: we will not all sleep, but we will all be changed, in [a] moment, in the blink of [an] eye, in the last trumpet. For the trumpet will sound, and the dead will be raised incorruptible, and we will be changed. For this corruption must put on in-corruption and this death-like must put on deathlessness. So when this corruption has put on in-corruption and this death-like has put on deathlessness, then will come to pass the word that is written:

> ***Death is swallowed in victory.***
> ***O death, where is your sting,***
> ***O death, where is your victory?***

But the sting of death [is] sin, and the power of sin [is] the law. But grace be to God, the [one] giving victory to us through our Lord Jesus Christ. So, my agape-beloved brothers, become steadfast, immovable, abounding in the work of the Lord always, knowing that our toil is not empty in the Lord.

Ending Thoughts

I am intrigued by the thought that we are gardeners just like Adam was in the Garden of Eden. It may have been that he was working on the soul of mankind. But that effort failed when it became centered on conceptual knowledge instead of life. Once it was so centered the effort was doomed because either you were separated from life or you were doubled minded and thus in darkness.

So we need the spirit of Christ in us which can overcome the darkness. At the last trumpet we will be transformed and will be with Christ.

Now as I stated at the start and restate at the end I want you to accept Christ into your heart and then bring Him into your religion. In everything that you do, do it in honor and give glory to the Father by honoring the Son.

You know about the warnings of taking the mark of the beast. You know that God has marked a certain length of time before this simulation is finished. You should know that my generation, that was borne when Israel became a nation, will not pass away until the times of sorrows come. Then the Lord will come and live with us for a thousand years ruling Earth. I'm old, now 75. All of this is quickly approaching. You haven't much time left to make the commitment to live for Christ regardless of your religion.

Many Christians have not accepted Jesus as their Lord and Savior. A great many follow arguments, traditions, and folklore over the truth of His reality. Drop everything and just accept His reality into your heart by faith using His words and confess with your mouth that Jesus is Lord, that He died for your sins and was raised for your redemption.

Romans 10:8-13

But what does it say?

The word is near you, in your mouth and in your heart—that is, the word of faith which we proclaim. For if you profess with your mouth [the] Lord Jesus, and believe in your heart that God raised him from the dead, you will be saved. For with [the] heart one believes for justice, but with [the] mouth one professes for salvation.

For everyone believing upon him will not be shamed. For there is no distinction of Jew and Greek, for he [is] Lord of all, being rich to all calling upon him. For everyone who has called upon the name of the Lord will be saved.

Little Book Open series

LBO 1 - Renaissance II
The first book of the series explores the need to change our direction. What is real in our lives and what is false? Where is our civilization headed? Towards a new dark age of ignorance and superstition or towards a new Renaissance of truth, mercy, and equality? And what is needed to change our course?

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The second book of the series presents a new physical Theory of Everything based upon interacting subspace singularities on an amorphous backdrop. It provides new models for elementary particles of matter and light. New definitions of electromagnetic and nuclear forces are provided. A benchmark of this theory against Newton's, Einstein's Schrödinger's, Dirac's, and Maxwell's laws, theories, and equations is provided.

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